



## Post-Treatment Instructions & Information For Botox Clients

1. Avoid manipulating or rubbing in the area of the injection site for several hours. This can cause the Botox solution to migrate or move around, making it more likely to impact areas beyond the desired muscles.
2. Avoid exercising or excessively using the targeted muscle for at least 4 hours after the Botox injection procedure.
3. Avoid laying down or bending forward for at least 4 hours after the injection procedure. These actions can cause migration of the solution that can lead to complications and undesired outcomes or effects.
4. While you may see results in as little as 48 to 72 hours after injection, this is not typical. The majority of patients do not notice full impact from the treatment for 7 to 14 days. You should wait at least 30 days before deciding if you want additional treatment to avoid over-treating an area.
5. A rare allergic reaction to Botox is possible. If you notice skin redness of an extreme nature, excessive swelling or a developing rash, call the office immediately or arrange to be seen by a physician. The same is necessary if you experience puffy or very swollen eyes, a severe headache or other adverse reactions. Previous treatments can cause antibodies to develop that can lead to undesired reactions.
6. Feel free to contact Flawless Fillers with questions, comments or concerns at any time following treatment. We want you to safe, happy and completely satisfied.