

Dermal Fillers Post Treatment Instructions

Immediately after

There may be redness, bruising, swelling, tenderness, and/or itching near the injection site. Avoid itching, **massaging**, or picking around the injection site. This is normal and generally disappears within a few days. You may take acetaminophen (Tylenol) to reduce any pain as necessary

Within 6 to 10 Hours of Treatment

Until the swelling and redness have resolved, avoid intense heat in the treated area(s). This includes sunbathing, tanning, saunas, hot tubs, or hot wax.

Avoid drinking alcohol or partaking in strenuous exercise, as it may result in additional bruising.

To help alleviate bruising, we recommend the topical application of Arnica - a natural ointment commonly used to reduce bruising. You can find this in the natural foods section of your grocery store, or at local pharmacies.

Depending on the areas treated and the product used, you may feel "firmness". These areas will soften and settle with time (usually 2 weeks)

Routine washing and showering is fine with gentle cleanser and moisturizers

How Long Will Dermal Fillers Last?

The short answer is, of course, it depends - what areas were treated, and with which specific product. Cosmetic fillers are long lasting, but not permanent. Shorter term fillers made of hyaluronic acid,

like Juvederm and Restylane, will last anywhere from 6-18 months depending on the areas treated and your bodies metabolism.

What if I don't like my Fillers?

There is a possibility you could need more fillers if look is not achieved on the first treatment. The product needs to be settled in for 2-3 weeks. You will be responsible for the **FULL** price of the additional syringes and **NO** service will be provided for free.

As stated in the consent you signed there are **NO guarantees** of satisfaction this is cosmetic elective procedure. Most of our customers are very happy with the results but we do provide the option to dissolve your filler for a charge of \$300. We expect you to wait at least 3 weeks before considering dissolving.