

COSMELAN PEEL INSTRUCTIONS

BEFORE YOUR TREATMENT

- No scrubs or facial exfoliation on the day of treatment.
- Men should not shave two days prior to treatment.
- No waxing in treated areas one week prior to treatment.
- No peels, laser resurfacing or medical grade exfoliation within two weeks of treatment.
- Cannot have active Herpes Simplex blisters / cold sores.
- Cannot be pregnant or lactating

AFTER YOUR TREATMENT

- Avoid the following for 2 weeks post treatment:
- Excessive sweating, including sauna or steam rooms (may cause sensitivity)
- Chlorine
- Tanning beds and direct sunlight
- Waxing
- Products containing glycolics, retinols, or scrubs
- Use suggested home care products to maximize results, especially a SPF 30 sun block.
- Slight windburn sensation is normal for the first 7 days.
- No picking or pulling flaking skin post treatment. Allow skin to heal naturally.

HOME CARE INSTRUCTIONS

Day 1 Wash off mask at designated time given by provider with gentle soap and water after leaving mask on for 8-10 hours Apply Hydravital Factor K cream to treatment area overnight. Mask will leave red tint to face will fade over next few days.

Day 2 Apply Hydravital Factor K cream. • Then apply sunscreen during the day.

Day 3-30 Start Cosmelan 2, apply in morning and evening. • Apply Hydravital Factor K cream 15 minutes after Cosmelan 2. Apply sunscreen last in the morning.

Month 2-6 Apply Cosmelan 2 once a day in the evening. • Apply Hydravital Factor K cream 15 minutes after Cosmelan 2. • Apply sunscreen every morning.